Body Image: Neural Basis of ‘Negative’ Phantom Limbs

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Patients with the neurological syndrome known as body integrity dysphoria express a desire to amputate seemingly healthy parts of their body. A new study has found that this condition is linked to altered functional connectivity in a distributed neural network underlying body image.

Our body is at the centre of our sense of self and personal identity. The neural mechanisms underlying our conscious experience of our body, however, are still poorly understood. Anaesthesia of body parts or of the entire body does not lead to the experience of the body having vanished, but rather to continued experience of the form and posture of the body, even if the experienced posture may not match true posture [1]. This shows that the conscious experience of the body relies on a central representation of body form, the ‘body image’, rather than being driven by immediate sensory inputs. The notion of a body image is dramatically demonstrated by the phenomenon of phantom limbs following amputation, whereby amputees report vivid experiences of the continued existence of a missing limb [2]; although the physical limb has been destroyed, the central body image remains unaffected, leading to continued subjective experience of the limb.

Individuals with ‘body integrity dysphoria’ — sometimes called body integrity identity disorder, xenomelia, or apotemnophilia — show an intriguing inversion of phantom limbs, insisting that a seemingly healthy part of the body does not belong to them and that they would feel more complete without it [3,4]. In many cases, these individuals desire to

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have the disowned body part surgically amputated, which they feel would make them more complete. Body integrity dysphoria raises important questions for biomedical ethics and offers a fascinating window into the nature of the body image. In a new study reported in this issue of Current Biology, Saetta et al. [5] used a combination of structural and functional magnetic resonance imaging (fMRI) to show that body integrity dysphoria is linked to a combination of structural atrophy in brain regions known to be involved in constructing the body image and altered functional connectivity of a larger-scale neural network.

Existing research has implicated a number of brain regions in constructing the conscious body image, notably including the superior parietal lobule (SPL), especially in the right cerebral hemisphere, and the ventral premotor cortex (vPMC). Brain lesions affecting the SPL have been reported to induce a range of disruptions of bodily experience. Critchley [6], for example, reported that some patients with right SPL lesions claimed that the entire left side of their body had disappeared. Other studies have similarly linked SPL lesions with perceived disappearance of individual body parts [7], denial of ownership of body parts [8], and lack of attention to the limbs [9]. A range of sensations related to phantom limbs have also been linked to changes in SPL processing, including referred tactile sensations and telescoping of the phantom limb [10], and there are some reports that SPL lesions can suppress the experience of phantom limbs entirely [11]. Similarly, both lesion studies of neurological patients [12] and neuroimaging studies of healthy participants [13] have implicated the vPMC in producing the conscious body image.

Neuroimaging studies investigating brain structure and function in body integrity dysphoria have implicated both the SPL and vPMC, but they have also produced conflicting findings. Whereas one study [14] using magnetoencephalography (MEG) found reduced responses in right SPL to tactile stimuli delivered to the disowned limb, another study [15] using functional MRI found increased responses in the same area, but reductions in the premotor cortex. Other studies using structural MRI have found reduced density or thickness of cortical grey matter in both the SPL [16] and vPMC [17]. Overall, this literature has been limited by small sample sizes, given the comparative rarity of body integrity dysphoria, and the heterogeneity of cases; for example, many studies have included individuals with disownership of different body parts, making direct comparisons difficult.

In their new study, Saetta et al. [5] tested sixteen people who desired amputation of their left leg, recruited and tested at separate sites in Italy and Switzerland. This is the largest neuroimaging study of body integrity dysphoria to date, and critically includes a largely homogenous group of individuals with disownership of the same body part, allowing more meaningful aggregation of data across individuals than in previous studies. In order to determine which brain areas show atrophic structure in body integrity dysphoria, the authors used a structural MRI method called voxel-based morphometry (VBM) to compare the density of cortical grey-matter in individuals with body integrity dysphoria versus controls. Consistent with previous reports, individuals with body integrity dysphoria showed reduced grey-matter density in both the SPL in the right cerebral hemisphere and the vPMC in the left hemisphere. Moreover, the magnitude of this reduction of grey-matter density in the right SPL was correlated across participants with both their self-reported desire for amputation and the extent to which they pretend to be an amputee through use of crutches or a wheelchair.

More importantly, Saetta et al. [5] also used analyses of resting-state functional-connectivity of functional MRI data to investigate alterations in the connectivity of larger-scale cortical networks in body integrity dysphoria. This approach looks at the correlation between the time-series of activations of different voxels in the brain in the absence of any task, quantifying the intrinsic functional relationship between brain areas. Specifically, they used a measure called the intrinsic connectivity contrast (ICC), which quantifies for each voxel in the brain its overall level of functional connectivity to the rest of the brain. Compared to controls, individuals with body integrity dysphoria showed reduced ICC in both the right SPL and left vPMC, as well as the right paracentral lobule containing the primary somatosensory cortex.

These results have important implications for understanding the nature of body integrity dysphoria and its underlying neural basis. The functional connectivity results suggest that, rather than emerging from atrophy in specific brain regions, body integrity dysphoria may involve more widespread changes in broader neural networks. The reduced ICC in the paracentral lobule is particularly intriguing. The lack of any apparent atrophy in this region is consistent with the fact that the disowned body part in body integrity dysphoria appears to have normal sensory function and motor control. Nevertheless, the new results of Saetta et al. [5] indicate that sensory signals from the body may be integrated with higher-level body representations in a reduced or abnormal way. This in turn has important implications for understanding the nature of body image more generally. Studies using cutaneous anaesthesia to temporarily remove sensory inputs have shown rapid alteration of perceived body part size [18], showing that immediate sensory signals play an important role in shaping the body image. The new finding of disrupted functional connectivity of sensorimotor regions in body integrity dysphoria complements such previous findings, indicating that integration of basic somatosensory processing with higher-order representations may be key to the formation and maintenance of the body image.

The work of Saetta et al. [5] adds to a growing literature showing that many neurological and psychiatric disorders involve altered connectivity in widespread brain networks, and cannot be understood in terms of altered processing in single brain regions [19]. Altered patterns of resting-state functional connectivity have been reported in, for example, schizophrenia, autism, Alzheimer’s disease, epilepsy, and depression. Body integrity dysphoria is an intriguing addition to this list, and the parallels between body integrity dysphoria and other disorders provides further support for the classification of body integrity dysphoria as a genuine medical disorder [4] and its inclusion in the upcoming revision of the International Classification of Diseases (ICD-11).

Although the Saetta et al. [5] study is a significant advance in our understanding of body integrity dysphoria, it also has
Cytoskeletal Repair: Microtubule Orthopaedics to the Rescue

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While the dynamics of microtubule ends are well characterized, the mechanism that repairs breaks in the lattice interior is poorly understood. A new in vitro study finds that the microtubule-associated protein CLASP repairs lattice damage by regulating GTP-tubulin incorporation into the break site.

Microtubules are dynamic polymers built of tubulin heterodimers. Microtubule dynamics are critical for chromosome segregation, cell structure, cell migration, and intracellular trafficking. The polymer’s dynamic instability is characterized by phases of polymerization and depolymerization with the transitions between these phases termed catastrophe (polymerization to depolymerization) and rescue (depolymerization to polymerization). During phases of polymerization, GTP-bound tubulin is

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